

**1998 SECTION 4AA
TRACK AND FIELD RESULTS
GIRLS**

SCHOOL	POINTS
1. Coon Rapids	113
2. Mounds View	98
3. Stillwater	88.5
4. Irondale	83
5. Anoka	66.5
6. White Bear Lake	52
7. Mahtomedi	49
8. Blaine	36
9. Champlin Park	35
10. North St. Paul	32
11. Tartan	25
12. Centennial	18
13. Spring Lake Park/St. Anthony	6
14. St. Bernards/St. Agnes	0

GIRLS 1998 SECTION 4AA FINAL RESULTS

3200 METER RUN

NAME	SCHOOL	TIME
1. Victoria Moses - 12	Irondale	11:00.6
2. Ingrid Overchuck - 11	Stillwater	11:31.4
3. Allison Mumbleau - 11	White Bear Lake	11:46.0
4. Kelsey Dahlgren - 8	Centennial	11:50.8
5. Beth Rautmann - 11	White Bear Lake	11:59.3
6. Anne Ceronsky - 12	Mounds View	11:59.4
7. Laura Moses - 10	Irondale	12:02.0
8. Lindsey Baker - 9	White Bear Lake	12:13.0

3200 METER RELAY

SCHOOL	TIME
1. Mounds View	9:53.92
2. Coon Rapids	10:00.35
3. Stillwater	10:08.28
4. White Bear Lake	10:23.05
5. North St. Paul	10:27.22
6. Irondale	10:34.81
7. Anoka	10:37.88
8. Champlin Park	10:44.37

100 METER HURDLES

NAME	SCHOOL	TIME
1. Molly Miller -11	Stillwater	15.30
2. Jill Cattryse -12	Irondale	15.32
3. Carrie Stuart -12	Blaine	15.78
4. Katie McGinn -12	Stillwater	16.11
5. Shauna Coons -12	Coon Rapids	16.28
6. Michelle Kerr -11	Coon Rapids	16.78
7. Lisa Paulson -8	White Bear Lake	16.86
8. Christy Oishi -10	Spring Lake Park/St. Anthony	17.33

100 METER DASH

NAME	SCHOOL	TIME
1. Jillian Yloen -11	Champlin Park	12.74
2. Gretchen Cooper -12	Coon Rapids	13.04
3. Alena Martens -12	Stillwater	13.09
4. Jenny Galardy 9	North St. Paul	13.26
5. Kate Lindsey -11	Blaine	13.40
6. Heather Patten -12	Anoka	13.49
7. Sam Bailey -11	Tartan	13.50
8. Betsy Cherry -11	Tartan	13.60

GIRLS 1998 SECTION 4AA FINAL RESULTS

800 METER RELAY

SCHOOL	TIME
1. Coon Rapids	1:45.94
2. Mahtomedi	1:46.87
3. Stillwater	1:47.69
4. Champlin Park	1:48.40
5. Mounds View	1:49.21
6. Anoka	1:49.79
7. Irondale	1:51.42
8. North St. Paul	1:51.44

1600 METER RUN

NAME	SCHOOL	TIME
1. Victoria Moses -12	Irondale	5:01.6
2. Christine Harper -12	White Bear Lake	5:10.6
3. Kelsey Dahlgren -8	Centennial	5:16.7
4. Ingrid Overchuk -11	Stillwater	5:23.6
5. Allison Mumbleau -11	White Bear Lake	5:25.0
6. Beth Rautmann -11	White Bear Lake	5:31.4
7. Lisa Sorvala -11	Irondale	5:32.9
8. Chrissy Anderson -9	Coon Rapids	5:33.1

400 METER RELAY

SCHOOL	TIME
1. Stillwater	50.42
2. Champlin Park	50.60
3. Coon Rapids	50.66
4. Tartan	51.36
5. Mounds View	51.40
6. Anoka	51.79
7. North St. Paul	52.17
8. Mahtomedi	53.53

400 METER DASH

NAME	SCHOOL	TIME
1. Jena Klugel -12	Mahtomedi	58.22
2. Megan Manthe -9	Anoka	59.79
3. Linnea Engel -10	Mounds View	60.02
4. Melissa Marvin -10	Mahtomedi	60.22
5. Gail Netland -9	Coon Rapids	61.35
6. Jenny Larsen -10	Blaine	62.52
7. Kathi Jo Jankowski -11	Anoka	62.53
8. Jill Schumann -11	Stillwater	63.84

GIRLS 1998 SECTION 4AA FINAL RESULTS

300 METER HURDLES

NAME	SCHOOL	TIME
1. Carrie Staurt -12	Blaine	45.38
2. Becki Renner -12	Anoka	46.24
3. Shauna Coons -12	Coon Rapids	46.25(STD)
4. Brooke Bredenberg -9	Champlin Park	47.27
5. Michelle Kerr -11	Coon Rapids	47.48
6. Anna Rawski -11	Blaine	47.95
7. Jessica Zortman -12	North St. Paul	48.31
8. Katie Mc.Ginn -12	Stillwater	49.81

800 METER RUN

NAME	SCHOOL	TIME
1. Jenny Moylan -12	Irondale	2:20.31
2. Megan Manthe -9	Anoka	2:20.35
3. Denay Boyd -11	White Bear Lake	2:20.36
4. Katie Maland -7	Mahtomedi	2:21.12
5. Erika Espeset -10	Mounds View	2:21.43
6. Christine Harper -12	White Bear Lake	2:23.43
7. Alisha Boyd -9	White Bear Lake	2:28.00
8. Lisa Bauman -10	Irondale	2:28.44

200 METER DASH

NAME	SCHOOL	TIME
1. Gretchen Cooper -12	Coon Rapids	26.36
2. Jamie Lanoux -10	Mahtomedi	26.92
3. Katie Herman -9	Irondale	27.67
4. Jenny Larsen -10	Blaine	27.70
5. Sarah Johnson -12	Stillwater	27.84
6. Nichole Wirtz -11	Coon Rapids	28.06
7. Gail Netland -9	Coon Rapids	28.07
8. Betsy Cherry -11	Tartan	28.14

1600 METER RELAY

SCHOOL	TIME
1. Mahtomedi	4:02.97
2. Mounds View	4:04.94
3. Coon Rapids	4:09.84
4. Irondale	4:11.31
5. Stillwater	4:11.32
6. North St. Paul	4:14.04
7. Anoka	4:16.65
8. White Bear Lake	4:20.16

GIRLS 1998 SECTION 4AA FINAL RESULTS

DISCUS

NAME	SCHOOL	DISTANCE
1. Marie Mokosso -12	Mounds View	125'2"
2. Sarah Shidell -11	Coon Rapids	115'8"
3. Sara Pivec -12	Coon Rapids	111'9"
4. Jessica Stephan -9	Blaine	110'1"
5. Krystal Brune -10	Tartan	109'1"
6. Jenny Kenny -10	Centennial	107'3"
7. Liz Hoffman -12	Irondale	106'8"
8. Kris Muske -11	Anoka	104'0"

LONG JUMP

NAME	SCHOOL	DISTANCE
1. Kim Curtis -11	Coon Rapids	18'1"
2. Linnea Engel -10	Mounds View	17'6 1/4"
3. Nicole Meidl -10	Stillwater	17'2 3/4"
4. Jill Podgorski -10	Mounds View	17' 1/2"
5. Heather Meisir -12	Centennial	16'9 3/4"
6. Christine Walsten -10	North St. Paul	16'3 3/4"
7. Dayna Blomquist -10	Stillwater	16'3 1/4"
8. Amanda Koski -10	Anoka	16'2 1/4"

TRIPLE JUMP

NAME	SCHOOL	DISTANCE
1. Linnea Engel - 10	Mounds View	36' 4"
2. Jill Podgorski - 10	Mounds View	35'6 1/2"
3. Lisa Paulson - 8	White Bear Lake	35'1 1/2"
4. Amanda Kowski - 12	Anoka	34'10 3/4"
5. Shiah Domyanovich - 12	Anoka	34' 9"
6. Tiffany Huso - 10	Champlin Park	34'
7. Angela Smith - 10	North St. Paul	33' 6 1/2"
8. Sarah Johnson - 12	Stillwater	33'6"

SHOT PUT

NAME	SCHOOL	DISTANCE
1. Sonja Peterson -11	Tartan	38'4"
2. Marie Mokosso -12	Mounds View	36'10 1/4"
3. Sarah Shidell -11	Coon Rapids	36' 5 1/2"
4. Alean Frawley -11	Spring Lake Park/St. Anthony	35' 8 1/2"
5. Liz Hoffman -12	Irondale	35' 6 1/2"
6. Colleen O'Hearn -12	Champlin Park	34' 1 1/2"
7. Krystal Brune -10	Tartan	33' 8 1/4"
8. Becki Madvig -11	White Bear Lake	33' 7"

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HIGH JUMP

NAME	SCHOOL	HEIGHT
1. Amanda Sullivan	North St. Paul	5'5"
2. Jill Cattrysse	Irondale	5'1"
3. Katie Timm	Anoka	5'1"
4. Gretchen Cooper	Coon Rapids	5'1"
5. Stacey Baumbach	Mounds View	4'11"
6. Jen Anderson	Stillwater	4'11"
6. Katie McGinn	Stillwater	4'11"
8. Betsy Patrick	Mahtomedi	4'11"

POLE VAULT

NAME	SCHOOL	HEIGHT
1. Katie Herman	Irondale	10'3"
2. Nicole Meidl	Stillwater	10'0"
3. Beth Renner	Anoka	9'0"
4. Kristen Gatzlaff	Mounds View	8'6"
4. Becki Renner	Anoka	8'6"
6. Cristin Jarson	Coon Rapids	8'6"
7. Dayna Blomquist	Stillwater	8'0"
7. Ashley Griffin	Mounds View	8'0"

SECTION 4AA GIRLS TRACK AND FIELD RECORDS
(current through 1998)

EVENT	INDIVIDUAL	SCHOOL	RESULT	YEAR
DISCUS	KRISTI OLEEN	BLAINE	153'10"	1987
HIGH JUMP	JULIE HOYES	ANOKA	56"	1979
SHOT PUT	FAYETTE FARRAR	NORTH	43'11"	1979
LONG JUMP	KRISTI KROPP	ANOKA	18'4 1/4"	1982
TRIPLE JUMP	SHIAH DAMYANOVICH	ANOKA	36'10 1/4"	1997
100 M. HURDLES	KATIE BESTUL	COON RAPIDS	14.9	1996
100 METER DASH	ANN KIECKER	COON RAPIDS	12.2	1985
200 METER DASH	SARA SCHROEPFER	MOUNDS VIEW	25.4	1986
300 M. HURDLES	HOLLY HARGRODER	STILLWATER	44.87	1991
400 METER DASH	AMBER AFFELT	COON RAPIDS	54.94	1995
800 METER RUN	AMBER AFFELT	COON RAPIDS	2:12.92	1995
1600 METER RUN	TRACY DAHL	ANOKA	4:55.9	1988
3200 METER RUN	TRACY DAHL	ANOKA	10:39.5	1988
400 METER RELAY		COON RAPIDS	49.4	1986
800 METER RELAY		COON RAPIDS	1:42.63	1994
1600 METER RELAY		ANOKA	3:54.8	1981
3200 METER RELAY		MOUNDS VIEW	9:21.47	1995

SECTION 4AA BOYS TRACK AND FIELD RECORDS
(current through 1997)

EVENT	INDIVIDUAL	SCHOOL	RESULT	YEAR
DISCUS	JOE TOTH	FOREST LAKE	177'10"	1990
HIGH JUMP	GREG LAWSON	BLAINE	6'10"	1982
SHOT PUT	DON HOFFMAN	BLAINE	61'9"	1978
LONG JUMP	RICK JOHNSON	ANOKA	22'11"	1977
TRIPLE JUMP	ADAM JOHNSON	IRONDALE	47'0"	1993
POLE VAULT	TIM KOUPAL	ANOKA	15'2"	1997
100 M. HURDLES	SCOTT DILLON	ANOKA	14.2	1984
100 METER DASH	BOBBY LIBBY	ELK RIVER	10.80	1989
200 METER DASH	JEFF BROWN	ANOKA	22.0	1989
300 M. HURDLES	RICK STEBLEY	ELK RIVER	38.2	1979
400 METER DASH	TREVOR MITCHEL	STILLWATER	49.22	1997
800 METER RUN	CHRIS SILVA	HILL MURRAY	1:54.2	1988
1600 METER RUN	LUKE WATSON	STILLWATER	4:12.27	1998
3200 METER RUN	LUKE WATSON	STILLWATER	9:14.48	1998
400 METER RELAY		CHAMPLIN PARK	42.90	1998
800 METER RELAY		IRONDALE	1:31.11	1998
1600 MEDLEY RELAY		STILLWATER	3:30.7	1985
1600 METER RELAY		STILLWATER	3:19.5	1997
3200 METER RELAY		STILLWATER	7:52.68	1997